Removal of rear bumper and fitting Westfalia Detachable Towbar BMW Series 1 F20

1. To remove rear bumper:

In each wheel arch remove 8mm head selftap screws (2 long and 3 short in each)





Ease back trim material back to expose single screw that needs to come out (it is screwed into a white plastic topcap that you can see.





Needs a T15



Then remove the 6 8mm head self tappers from under the bumper



Now remove rear lights

Open and remove cover, then unscrew single 10 mm nut:



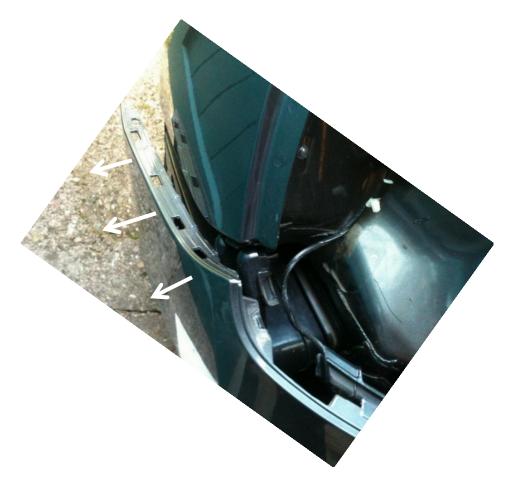


Light now pulls rearwards off 2 rubber fittings. This is tricky as you seem to need to pull quite hard. Try to ease it off the attachments carefully – it does come off, but be careful not to damage by pulling too hard on any one bit of plastic. Once off you reveal the fixings as shown. Disconnect cable and store light unit:





Now bumper is only held by clips. I found the best way to remove was to pull gently on the sides first to ease the top part free:



Then ease the other clips and pull bumper off rear-wards



Once loosened, reach behind and detach parking sensor plugs and number plate light plugs. Put bumper aside.

To remove the four nuts on the exiting crash bar you need an 18mm Deep socket on a torque wrench

